WORKSHOP ON SURGICAL ANATOMY OF THE PELVIS AND PROCEDURES IN PATIENTS WITH CHRONIC PELVIC PAIN

December 9-10, 2016
St. Joseph's Hospital and Medical Center
Phoenix, Arizona

SCIENTIFIC PROGRAM CHAIR
Michael Hibner, M.D., Ph.D.

CO-CHAIR
Nita A. Desai, M.D., MBA

LAB CHAIR
Mark W. Dassel, M.D.
COURSE DESCRIPTION

This two-day course is designed for gynecologists seeking to advance their knowledge of pelvic anatomy and chronic pelvic pain. The morning will consist of didactic instruction.

The afternoon hands-on course will be divided into 3 labs, which will run concurrently and participants will switch at a designated time. The first lab will provide each participant the opportunity to treat patients with pelvic pain, particularly surgical treatment for severe endometriosis, including: dissection of pelvic anatomy, using unembalmed cadavers, with an emphasis on the retroperitoneal space, including pararectal/paravesical spaces, the ureters, and branches of the iliac arteries and associated pelvic nerves.

The second lab will highlight principles of common procedures used in the treatment of pelvic pain, such as nerve blocks and trigger point injections, specifically: diagnosis and treatment for abdominal wall and pelvic floor, specifically ilioinguinal, genitofemoral, pudendal and obturator nerves, by employing ultrasound-guided nerve blocks. Surgical access to these areas will be highlighted. Additionally, we will explore complications, particularly those related to mesh and other traditional gynecologic procedures.

The third lab, under the direction of a world-renowned pelvic floor physical therapist, will include hands-on training using the “Pelvic-mentor,” a pelvic model that can be used to evaluate patients with pelvic floor dysfunction, and improve understanding of the pelvic musculature in relation to the diagnosis and treatment of pelvic pain.

COURSE OBJECTIVES

At the conclusion of this activity, the participant will be able to: 1) Identify pelvic anatomical structures relevant to surgery in patients with severe endometriosis and adhesive disease; 2) describe workup and demonstrate treatment procedures in patients with pelvic floor dysfunction and neuropathic pain, including surface- and ultrasound-guided nerve blocks and trigger point injections; 3) identify conditions leading to pelvic pain beyond endometriosis and discuss proper examination and treatment of these types of pelvic floor conditions.

ACCREDITATION

AAGL is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The AAGL designates this live activity for a maximum of 17.5 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

CONFLICT OF INTEREST

It is the policy of the AAGL to ensure balance, independence, objective, and scientific rigor in all sponsored educational programs. All faculty participating in continuing medical education activities are required to complete a conflict of interest disclosure form. This information will be printed in the syllabus, which will be distributed at the workshop. In addition, all participating faculty are required to disclose to the audience any real or apparent conflict of interest related to the content of their presentations, and must also disclose any discussions of unlabeled/unapproved uses of drugs or devices.

ACCME CONTENT VALIDATION STATEMENT

All the recommendations involving clinical medicine in the program are based on evidence that is accepted within the field of medicine as adequate justification for their indications and contraindications in the care of patients. All scientific research referred to, reported or used in the program in support or justification of a patient care recommendation conforms to the generally accepted standards of experimental design, data collection and analysis.
GENERAL INFORMATION

TARGET AUDIENCE
This activity meets the needs of surgical gynecologists in practice and in training, as well as other healthcare professionals in the field of gynecology.

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LOCATION
The workshop will be held at:
St. Joseph’s Hospital and Medical Center
Sonntag Pavilion Auditorium
350 W. Thomas Road
Phoenix, AZ 85013

LODGING
Hilton Phoenix Suites
10 East Thomas Road
Phoenix, AZ 85012
Reservations: 1-800-HILTONS (be sure to mention "AAGL")

ROOM RATE
For a special rate of $119.00 Single/Double occupancy, plus local sales tax (8.6%) and hotel occupancy tax (12.57%). Self parking is $12.00 per night and valet parking is $16.00. Reservations must be received on or before Tuesday, November 8, 2016.

REGISTRATION FEE

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<thead>
<tr>
<th></th>
<th>AAGL Members</th>
<th>Non-Members</th>
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<tbody>
<tr>
<td>Physicians in Practice</td>
<td>$1,845</td>
<td>$2,170</td>
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<tr>
<td>Residents/Fellows</td>
<td>$245</td>
<td>$395</td>
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<tr>
<td>Physical Therapists</td>
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Register online at http://www.aagl.org/phoenix2016

Annual AAGL Member dues are $325 for practicing physicians. If you are not a member of the AAGL, you may elect to accept a complimentary 1-year membership to the AAGL by paying the non-member fee and checking the membership offer button during your online registration.

MEMBERSHIP BENEFITS INCLUDE
The AAGL is dedicated to the advancement of minimally invasive gynecology. Our aim is to provide you with professional development services that help to expand your surgical armamentarium and advance your career. We focus on providing you with the greatest value possible with your membership dues. Here is a breakdown of the membership services that we provide:

Access to hands-on AAGL CME courses and labs up to $1,300/year
Annual Subscription to JMIG & JMIG App up to $382/year
Access to SurgeryU Live and On-Demand Events up to $150/year
NewsScope (newsletter) up to $50/year
EndoExchange™ (LISTSERV®) up to 1,000 posts/year
Online CME Course Access up to $500/year
AAGL Physician Finder Listing up to $200/year
Travel Benefits - Car Rental Discounts up to 15%

AAGL provides you with up to $2,582 per year of value for just $325 per year (practicing physician).

CANCELLATION
Cancellations received prior to October 28, 2016 will be refunded minus $125 for administrative fees. No refunds will be made after October 28, 2016. In the event that this course is cancelled for any reason, attendees will be notified of course cancellation no later than two weeks prior to scheduled dates and a full refund will be issued. Attendees are responsible for canceling their own hotel and airline reservations.

AIRLINE RESERVATIONS
Star & Shield Travel Services has been appointed as the official travel agent for this workshop. Attendees are able to make reservations on any airline through this agency and their representatives will assist you in obtaining the lowest fare possible for your travel preference and schedule.

Star & Shield Travel Services
Ph: (562) 217-0769
Email: tabby@starandshield.net

CONTACT INFORMATION
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Website: www.aagl.org • E-mail: meetings@aagl.org
COURSE OUTLINE

DAY 1: FRIDAY, DECEMBER 9, 2016

8:00 Welcome, Introduction and Course Overview
M. Hibner

8:05 Pelvic Visceral Anatomy
N. A. Desai

8:30 Pelvic Neuroanatomy
M. Hibner

8:55 Pelvic Floor and Abdominal Wall Anatomy
L. J. Robertson

9:20 Avoiding Injury in Pelvic Surgery – Anatomical Implications
J. Mourad

9:45 Questions & Answers
All Faculty

9:55 Refreshment Break

10:10 Chronic Pelvic Pain – Overview and Pharmacotherapy
D. T. Atashroo

10:35 Neuropathic Pelvic Pain – Pudendal, Ilioinguinal, Genitofemoral, Obturator Nerve Blocks, Trigger Point Injections, and Botox
M. E. Castellanos

11:00 Evaluation of Pelvic Floor and Abdominal Wall in Patients with Pelvic Pain
L. Hill

11:50 Questions & Answers
All Faculty

12:00 Lunch – (Open Discussion)

Laboratory I: Pelvic Anatomy (3 per station)

- Dissection of the following spaces:
  - Pararectal Space
  - Paravaginal Space
  - Retropubic/Obturator Nerve
  - Recto-Vaginal
  - Ischiorectal Fossa/Pudendal Nerve
  - Common Iliac Artery/Vein and Branches
  - Ureters

- Procedures:
  - Appendectomy
  - Closure of Cystotomy/Enterotomy
  - Peritoneal and Diaphragmatic Resection of Endometriosis

Laboratory II: Pelvic Neuroanatomy (3 per station)

Surface-guided Abdominal Wall Nerve Blocks
Ultrasound-guided Abdominal Wall Nerve Blocks
Surface-guided Pelvic Floor Nerve Blocks and Botulinum Toxin Injections
Transgluteal Dissection of Pudendal Nerve

Laboratory III: Pelvic Floor (3 per station)

Identification of the muscular landscape
Differentiation of Spastic versus Relaxed Pelvic Floor

1:00 Questions & Answers
All Faculty

5:00 Adjourn

DAY 2: SATURDAY, DECEMBER 10, 2016

8:00 Welcome, Introduction and Course Overview
N. A. Desai

8:05 Surgery in Patients with Adhesive Disease – Identification of Landmarks and Pertinent Anatomy
M. W. Dassel

8:30 Surgery for Severe Endometriosis and Pre Sacral Neurectomy
J. F. Magrina

8:55 Evil Quadruplets – Endometriosis, IC, IBS, and PFTM
C. Eswar

9:20 Lesser-Known Conditions Causing Pelvic Pain – Pelvic Congestion, Ovarian Remnant
M. W. Dassel

9:45 Questions & Answers
All Faculty

9:55 Refreshment Break

10:10 Treatment of Pelvic Floor Spasm
L. J. Robertson

10:35 Nerve Decompression Procedures
M. E. Castellanos

11:00 Pain after Mesh Procedures
M. Hibner

11:25 Evidence for Performing Surgery on Pelvic Pain Patients
N. A. Desai

11:50 Questions & Answers
All Faculty

12:00 Lunch – “Stump the Pain Doc”
M. Hibner, M. E. Castellanos, L. J. Robertson

Laboratory I: Pelvic Anatomy (3 per station)

Dissection of the following spaces:

- Pararectal Space
- Paravaginal Space
- Retropubic/Obturator Nerve
- Recto-Vaginal
- Ischiorectal Fossa/Pudendal Nerve
- Common Iliac Artery/Vein and Branches
- Ureters

Laboratory II: Pelvic Neuroanatomy (3 per station)

Surface-guided Abdominal Wall Nerve Blocks
Ultrasound-guided Abdominal Wall Nerve Blocks
Surface-guided Pelvic Floor Nerve Blocks and Botulinum Toxin Injections
Transgluteal Dissection of Pudendal Nerve

Laboratory III: Pelvic Floor (3 per station)

Identification of the muscular landscape
Differentiation of Spastic versus Relaxed Pelvic Floor

4:50 Questions & Answers
All Faculty

5:00 Course Evaluation/Adjourn
FACULTY

SCIENTIFIC PROGRAM CHAIR
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Assistant Professor, University of Utah, Salt Lake City, Utah

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COMMERCIAL SUPPORT
ACCME requires the source of all support from commercial interests to be disclosed to learners for all CME activities.

AAGL acknowledges that it has received educational grants from the following companies:
CooperSurgical | Ethicon US, LLC | Philips Ultrasound

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3D Systems | CooperSurgical
Ethicon US, LLC | Philips Ultrasound

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Ethicon US, LLC | Minvasive Surgical

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