2nd Workshop on Surgical Anatomy of the Pelvis and Procedures in Patients with Chronic Pelvic Pain

December 8-9, 2017
St. Joseph’s Hospital and Medical Center
Phoenix, Arizona

Scientific Program Chair
Michael Hibner, M.D., Ph.D.

Co-Chair
Nita A. Desai, M.D., MBA

Lab Chair
Mark W. Dassel, M.D.
This two-day course is designated for gynecologists seeking to advance their knowledge of pelvic anatomy and chronic pelvic pain. The morning will consist of didactic instruction.

The afternoon hands-on course will be divided into 3 labs, which will run concurrently and participants will switch at a designated time. The first lab will provide each participant the opportunity to treat patients with pelvic pain, particularly surgical treatment for severe endometriosis, including: dissection of pelvic anatomy, using unembalmed cadavers, with an emphasis on the retroperitoneal space, including pararectal/paravesical spaces, the ureters, and branches of the iliac arteries and associated pelvic nerves.

The second lab will highlight principles of common procedures used in the treatment of pelvic pain, such as nerve blocks and trigger point injections, specifically: diagnosis and treatment for abdominal wall and pelvic floor, specifically ilioinguinal, genitofemoral, pudendal and obturator nerves, by employing ultrasound-guided nerve blocks. Surgical access to these areas will be highlighted. Additionally, we will explore complications, particularly those related to mesh and other traditional gynecologic procedures.

The third lab, under the direction of a world-renowned pelvic floor physical therapist, will include hands-on training using the “Pelvic-mentor,” a pelvic model that can be used to evaluate patients with pelvic floor dysfunction, and improve understanding of the pelvic musculature in relation to the diagnosis and treatment of pelvic pain.

At the conclusion of this activity, the participant will be able to: 1) Identify pelvic anatomical structures relevant to surgery in patients with severe endometriosis and adhesive disease; 2) describe workup and demonstrate treatment procedures in patients with pelvic floor dysfunction and neuropathic pain, including surface- and ultrasound-guided nerve blocks and trigger point injections; 3) identify conditions leading to pelvic pain beyond endometriosis and discuss proper examination and treatment of these types of pelvic floor conditions.
General Information

TARGET AUDIENCE
This activity meets the needs of surgical gynecologists in practice and in training, as well as other healthcare professionals in the field of gynecology.

ACCREDITATION
AAGL is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The AAGL designates this live activity for a maximum of 18.0 AMA PRA Category 1 Credit(s)™.

CONFLICT OF INTEREST
It is the policy of the AAGL to ensure balance, independence, objective, and scientific rigor in all sponsored educational programs. All faculty participating in continuing medical education activities are required to complete a conflict of interest disclosure form. This information will be printed in the syllabus, which will be distributed at the workshop. In addition, all participating faculty are required to disclose to the audience any real or apparent conflict of interest related to the content of their presentations, and must also disclose any discussions of unlabeled/unapproved uses of drugs or devices.

ACCME CONTENT VALIDATION STATEMENT
All the recommendations involving clinical medicine in the program are based on evidence that is accepted within the field of medicine as adequate justification for their indications and contraindications in the care of patients. All scientific research referred to, reported or used in the program in support or justification of a patient care recommendation conforms to the generally accepted standards of experimental design, data collection and analysis.

LOCATION
The workshop will be held at:
St. Joseph’s Hospital and Medical Center
Sonntag Pavilion Auditorium
350 W. Thomas Road
Phoenix, AZ 85013

LODGING
Hilton Phoenix Suites
10 East Thomas Road
Phoenix, AZ 85102
Reservations: 1-800-HILTONS
(be sure to mention “AAGL”)

ROOM RATE
For a special rate of $129.00 Single/Double occupancy, plus local sales tax (8.6%) and hotel occupancy tax (12.57%). Self parking is $12.00 per night and valet parking is $16.00. Reservations must be received on or before Tuesday, November 8, 2017.

Annual AAGL Member dues are $325 for practicing physicians. If you are not a member of the AAGL, you may elect to accept a complimentary 1-year membership to the AAGL by paying the non-member fee and checking the membership offer button during your online registration.

REGISTRATION FEE (LABS LIMITED TO 36)

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<th>AAGL Members</th>
<th>Non-Members</th>
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<td><strong>Lectures/Hands-on Workshop</strong></td>
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<tr>
<td>Physicians in Practice</td>
<td>$1,945</td>
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MEMBERSHIP BENEFITS INCLUDE
The AAGL is dedicated to the advancement of minimally invasive gynecology. Our aim is to provide you with professional development services that help to expand your surgical armamentarium and advance your career. We focus on providing you with the greatest value possible with your membership dues. Here is a breakdown of the membership services that we provide:

- Access to hands-on AAGL CME courses and labs: up to $1,300/year
- Annual Subscription to JMIG & JMIG App: $382/year
- Access to SurgeryU Live and On-Demand Events: $150/year
- NewsScope (newsletter): $50/year
- EndoExchange™ (LISTSERV®): up to 1,000 posts/year
- Online CME Course Access: up to $500/year
- AAGL Physician Finder Listing: $200/year
- Travel Benefits - Car Rental Discounts: up to 15%

AAGL provides you with up to $2,582 per year of value for just $325 per year (practicing physician).

CANCELLATION
Cancellations received prior to November 17, 2017 will be refunded minus $125 for administrative fees. No refunds will be made after November 17, 2017. In the event that this course is cancelled for any reason, attendees will be notified of course cancellation no later than two weeks prior to scheduled dates and a full refund will be issued. Attendees are responsible for canceling their own hotel and airline reservations.

AIRLINE RESERVATIONS
Star & Shield Travel Services has been appointed as the official travel agent for this workshop. Attendees are able to make reservations on any airline through this agency and their representatives will assist you in obtaining the lowest fare possible for your travel preference and schedule.

Star & Shield Travel Services
Ph: (562) 217-0769
Email: tabby@starandshield.net

CONTACT INFORMATION
AAGL
6757 Katella Avenue, Cypress, CA 90630-5105
Ph: (800) 554-2245 or (714) 503-6200
Fax: (714) 503-6201 or (714) 503-6202
Website: www.aagl.org • E-mail: meetings@aagl.org
Course Outline

DAY 1: FRIDAY, DECEMBER 8, 2017

7:30 Welcome, Introductions and Course Overview  M. Hibner, F.D. Loffer
7:35 Pelvic pain Clinical history and Overlapping Conditions  N.A. Desai
8:00 Pelvic Neuroanatomy  M. Hibner
8:25 Pelvic Floor and Abdominal Wall Anatomy  L. HIll
8:50 Avoiding Injury in Pelvic Surgery – Anatomical Implications  J. Mourad
9:15 Questions & Answers  All Faculty
9:40 Break
9:55 Chronic Pelvic Pain – Overview and Pharmacotherapy  D.T. Atashroo
10:30 Neuropathic Pelvic Pain – Pudendal, Illioinguinal, Genitofemoral, Obturator  M.E. Castellanos
10:45 Nerve Blocks, Trigger Point Injections, and Botox  M.E. Castellanos
11:10 Evaluation of Pelvic Floor and Abdominal Wall in Patients with Pelvic Pain  L. HIll
11:35 Questions & Answers  All Faculty
12:00 Lunch – (Open Discussion)

Table 1: Pudendal Neuralgia  M. Hibner, C. Eswar, T. Beran
Table 2: Endometriosis  N.A. Desai, E.C. Garza
Table 3: Mesh Pain  M.E. Castellanos, A.L. Gubbels
Table 4: Difficult Surgery/Adhesions  M.W. Dassel, J.M. Maurice
Table 5: Pelvic Floor Pain  L. HIll, D.T. Atashroo
Table 6: Vulvar Pain  J. Brooks

LAB I: Pelvic Anatomy (3 per station)
Dissection of the following spaces:
   - Pararectal Space
   - Paravaginal Space
   - Retropubic/Obturator Nerve
   - Recto-Vaginal
   - Ischiorectal Fossa/Pudendal Nerve
   - Common Iliac Artery/Vein and Branches
   - Ureters

Procedures
   - Appendectomy
   - Closure of Cystotomy/Enterotomy
   - Peritoneal and Diaphragmatic Resection of Endometriosis

LAB II: Pelvic Neuroanatomy (3 per station)
   - Surface-guided Abdominal Wall Nerve Blocks
   - Ultrasound-guided Abdominal Wall Nerve Blocks
   - Surface-guided Pelvic Floor Nerve Blocks and Botulinum Toxin Injections
   - Transgluteal Dissection of Pudendal Nerve

LAB III: Pelvic Floor (3 per station)
   - Identification of the muscular landscape
   - Differentiation of Spastic versus Relaxed Pelvic Floor

10:00 LAB I: Pelvic Anatomy (3 per station)

11:50 Questions & Answers  All Faculty
12:00 Lunch – “Stump the Pain Doc”  M. Hibner, M.E. Castellanos, L. HIll

DAY 2: SATURDAY, DECEMBER 9, 2016

8:00 Welcome, Introductions and Course Overview  N.A. Desai
8:05 Surgery in Patients with Adhesive Disease – Identification of Landmarks and Pertinent Anatomy  M.W. Dassel
8:30 Surgery for Severe Endometriosis and Pre Sacral Neurectomy  J.F. Magrina
8:55 Endometriosis Update  C. Ewar
9:20 Lesser-Known Conditions Causing Pelvic Pain – Pelvic Congestion, Ovarian Remnant Break  M.W. Dassel
9:55 Break/Questions & Answers  All Faculty
10:10 Treatment of Pelvic Floor Spasm  L. HIll, A. Gubbels
10:35 Nerve Decompression Procedures  M.E. Castellanos
11:00 Pain after Mesh Procedures  M. Hibner
11:25 Evidence for Performing Surgery on Pelvic Pain Patients  N.A. Desai
11:50 Questions & Answers  All Faculty
12:00 Lunch – “Stump the Pain Doc”  M. Hibner, M.E. Castellanos, L. HIll

10:00 LAB I: Pelvic Anatomy (3 per station)
Dissection of the following spaces:
   - Pararectal Space
   - Paravaginal Space
   - Retropubic/Obturator Nerve
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   - Ureters

Procedures
   - Appendectomy
   - Closure of Cystotomy/Enterotomy
   - Peritoneal and Diaphragmatic Resection of Endometriosis

LAB II: Pelvic Neuroanatomy (3 per station)
   - Surface-guided Abdominal Wall Nerve Blocks
   - Ultrasound-guided Abdominal Wall Nerve Blocks
   - Surface-guided Pelvic Floor Nerve Blocks and Botulinum Toxin Injections
   - Transgluteal Dissection of Pudendal Nerve

LAB III: Pelvic Floor (3 per station)
   - Identification of the muscular landscape
   - Differentiation of Spastic versus Relaxed Pelvic Floor

Special Lab Session: Live 3D Anatomy of Female Cadavaric Pelvis
4:50 Questions & Answers  All Faculty
5:00 Course Evaluation/Adjourn
SCIENTIFIC PROGRAM CHAIR
Michael Hibner, M.D., Ph.D., FACOG, FACS
Director, Division of Gynecologic Surgery
St. Joseph’s Hospital and Medical Center
Professor of Obstetrics and Gynecology
Creighton University School of Medicine
Phoenix, Arizona

CO-CHAIR
Nita A. Desai M.D., MBA
Associate Fellowship Director
St. Joseph’s Hospital and Medical Center
Phoenix, Arizona

LAB CHAIR
Mark W. Dassel, M.D.
Assistant Professor
University of Utah
Salt Lake City, Utah

FACULTY
Diana T. Atashroo, M.D.
Clinical Instructor, Gynecological Pain
and Minimally Invasive Surgery at the
Center for Pelvic Health
Northshore University HealthSystem
Evanston, Illinois

Joseph Brooks, M.D.
Director
Arizona Vulva Clinic
Phoenix, Arizona

Mario E. Castellanos, M.D.
Faculty Physician,
Division of Surgery and Pelvic Pain
St. Joseph’s Hospital and Medical Center,
Phoenix, Arizona

Christopher Eswar, M.D.
Director of Minimally Invasive
Gynecologic Surgery
Monmouth Medical Center
Long Branch, New Jersey

Lauren Hill, PT, DPT
Advanced Gynecology Physical Therapist
St. Joseph’s Hospital and Medical Center
Phoenix, Arizona

Javier F. Magrina, M.D.
Professor Ob/Gyn
Director, Fellowship in Minimally Invasive
Gynecologic Surgery (FMIGS)
Mayo Clinic Arizona
Phoenix, Arizona

Jamal Mourad, D.O.
Director, Fellowship in Minimally Invasive
Gynecologic Surgery (FMIGS)
Banner University Medical Center – Phoenix
Phoenix, Arizona

LAB FACULTY
Tara Beran, PT
Physical Therapist
Desert Physical Therapy
Phoenix, Arizona

Katherine De Souza, M.D.
Fellow
St. Joseph’s Hospital and Medical Center
Phoenix, Arizona

Erica C. Garza, M.D.
Wildflower Ob/Gyn
Austin, Texas

Ashley L. Gubbels, M.D.
Fellow
St. Joseph’s Hospital and Medical Center
Phoenix, Arizona

Marissa Houle
Lead Ultrasonographer
St. Joseph’s Hospital and Medical Center
Phoenix, Arizona

Joseph M. Maurice, M.D., FACOG
Director, Division of Gynecology
Director, Minimally Invasive Gynecologic Surgery
Rush University Medical Center
Chicago, Illinois

Samantha Nadella, M.D.
Faculty Physician
Kaiser Permanente
Harbor City, California

Anna Reinert, M.D.
Fellow
St. Joseph’s Hospital and Medical Center
Phoenix, Arizona