



Pedram Bral, MD  
Sumit Saraf, MD; David Herzog, MD  
Maimonides Medical Center  
Brooklyn, New York

<b>2-Year Program</b>	
<b>Optional Degrees:</b> <input type="checkbox"/> MPH <input type="checkbox"/> MBA <input type="checkbox"/> MS <input type="checkbox"/> Other: <input checked="" type="checkbox"/> None	
<b>Number of Faculty:</b>	
	GYN Faculty: 4
	UROGYN Faculty: 1
	REI Faculty: 0
	ONCOLOGY Faculty: 0
	GU Faculty: 0
	General Surgery Faculty: 1
	Colorectal Faculty: 0
	Other:
<b>Residency Program Affiliation:</b> <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No	
<b>Computer Simulation Center:</b> <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No	
<b>Training Labs:</b>	
	<input type="checkbox"/> Cadaver lab
	<input type="checkbox"/> Animal Lab
	<input type="checkbox"/> None
	<input checked="" type="checkbox"/> Dry Lab
	<input checked="" type="checkbox"/> Robotics
<b>Office Surgery:</b> <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No	
<b>Contract/Agreement Letter:</b> <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No	
	Yearly Salary: <input checked="" type="checkbox"/> Yes (\$60,000-180,000) <input type="checkbox"/> No
	Resident Teaching <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No
	Benefit Package: <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No
	OB obligation: <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No    If yes, please describe obligation. Additional compensation available
	Junior Faculty <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No    Attending Privileges <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No
	Moonlighting: <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No    Non-compete clause: <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No
	Malpractice: <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No    Meeting support: <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No
	Malpractice tail coverage: <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No    Other coverage obligations- specify:
<b>Accept J1 &amp; H1 Visa applicants</b> <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No	
<b>Dedicated Research Hours:</b> Hours/per week: 4	
Hours/per month:	
<b>Protected Academic:</b> Hours/per week: 4	
Hours/per month:	
<b>Clinical Focus/Special Interest:</b>	
	<input type="checkbox"/> Reproductive Surgery
	<input type="checkbox"/> Oncology
	<input checked="" type="checkbox"/> Endometriosis/Pelvic Pain
	<input checked="" type="checkbox"/> Pelvic Reconstruction
	<input checked="" type="checkbox"/> Robotic Surgery
	<input type="checkbox"/> Pediatric/Adolescent
	<input checked="" type="checkbox"/> Hysteroscopic Surgery
	<input checked="" type="checkbox"/> Other: Fibroids



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## MAIMONIDES MEDICAL CENTER BROOKLYN, NEW YORK

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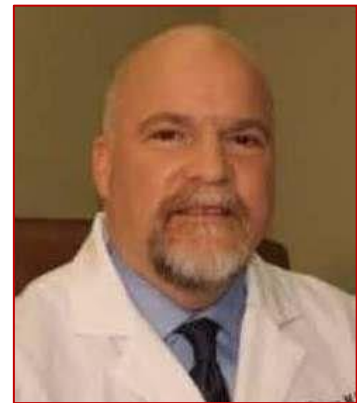
*Accreditation Period: 2014 - 2018*



**PEDRAM BRAL, M.D.**  
Program Director



**SUMIT SARAF, M.D.**  
Associate Program Director



**DAVID HERZOG, M.D.**  
Associate Program Director

### **FACULTY**

#### **General Ob/Gyn and laparoscopic surgery**

Pedram Bral, MD

Sumit Saraf, MD – Assistant Clinical Director

David Herzog, MD – Assistant Education Director

Juan Sandoval, MD

#### **Urogynecology**

Gitty Bensinger, MD

#### **General Surgery and laparoscopic surgery**

Danny Sherwinter, MD

### **2-YEAR PROGRAM**

#### **Description:**

Our gynecologic endoscopy program is a two-year comprehensive program incorporating clinical, research, and educational activities. The fellow will benefit from the experience of active surgeons whose collective focus

includes a full spectrum of laparoscopic, hysteroscopic, and minimally invasive procedures including general gynecology and urogynecology. Exposure to and proficiency in robotic-assisted laparoscopy is a vital component of our fellowship program.

Our fellowship is based at Maimonides medical center (trains more than 400 residents a year with more than 70 specialties). Fellows will have surgical experience/ opportunities at Brookdale University hospital, Brooklyn; thus providing both diverse patient populations and pathology.

The overall goal of the two-year post-graduate training program is to equip the fellow with the necessary skills to be proficient in advanced gynecologic surgery, particularly minimally invasive surgery. With the mandated research requirements and available teaching opportunities, fellows will be trained to pursue and succeed in an academic career, if desired. Given that protected research time is incorporated into the fellowship, the expectation is that the research projects will result in national presentations and peer-reviewed manuscripts.

Integration with general and colorectal surgery, surgical knowledge sharing and collaboration with minimally invasive general surgery fellow/attending will be an integral part of fellowship starting July 2018.

Fellows will have teaching responsibilities as they relate to the training of attending level physicians both in the academic and community settings. He/she is expected to work actively with the Ob/gyn residents at Maimonides and be a resource for them. During the second year of fellowship, the fellow will be expected to be a resource to other gynecologic surgeons in the department. He/she will enable fellow surgeons to perform their cases using a minimally invasive approach, by assisting and exposing them to minimally invasive techniques.

#### **Educational goals:**

1. To have sufficient understanding, experience, and proficiency to perform advanced endoscopic, hysteroscopic, abdominal and vaginal surgery for complex, benign gynecologic conditions.
2. To evaluate and select the appropriate medical and/or surgical treatment plan for women presenting with complex, benign gynecologic conditions such as abnormal uterine bleeding, symptomatic uterine fibroids, advanced endometriosis, benign ovarian neoplasms, chronic pelvic pain, and/or endometriosis.

#### **Research and Teaching goals:**

The fellow should demonstrate over a course of two years:

1. Ability to use appropriate methods and educational aids to teach medical students, residents, and allied health care professionals in clinical or classroom environments.
2. Inclination to teach the residents basic and advanced laparoscopy skills, using pelvic trainers and high fidelity simulation devices at the Laparoscopic simulation center at Maimonides.
3. Sufficient understanding and proficiency to complete clinical and/or health-services research projects, in addition to development of collaborative skills with others that foster ongoing research activities.
4. Ability to write scientific articles, and grant applications and to contribute appropriately in an academic setting.

#### **Fellowship curriculum**

- Gaining proficiency in *all advanced gynecologic procedures* is expected. He/she should be able to perform procedures such as diagnostic and operative hysteroscopy for abnormal uterine bleeding, polyps, sub mucous fibroids and intrauterine adhesions. He/she is expected to become proficient in endoscopic suturing to safely and expediently reconstruct the uterus following laparoscopic myomectomy. He/she should be able to perform all types of hysterectomy (TLH, LSH, vaginal and robotic hysterectomy), treat stage IV endometriosis and select, evaluate and manage adnexal masses laparoscopically, when indicated.
- He/she should be able to *identify and manage complications* following hysteroscopy and laparoscopy and obtain the appropriate consultations when indicated.

- *The office experience* will include incorporation of fellows into the office-based surgery program which includes both diagnostic as well as operative hysteroscopic capability (global endometrial ablation, sterilization).
- *Robotic experience* in hysterectomy, sacral colpopexy and myomectomy will be included in the program.
- Pertaining to *Pelvic Reconstructive Surgery*, the fellows will be assisting urogynecologist and generalist in the management of advanced uro-gynecological procedures including robotic and vaginal surgeries.
- *Teaching activities* will include resident instruction in endoscopic technique using an advanced skills laboratory and supervision of basic endoscopic procedures. Participating in departmental grand rounds, didactic educational programs, monthly journal clubs and weekly conferences is expected. The OB/GYN department will be supportive of fellow research projects will result in national presentations and peer-reviewed manuscripts.
- The fellow will be required to perform *research and publish* at least one paper on a topic relevant to Gyn endoscopy prior to completion of the fellowship. The ultimate goal of the fellowship is to train academic gynecologists to become expert clinicians and teachers of gynecologic endoscopy.
- **Career Development:** Fellows meet periodically with faculty members, administrators and the program director to discuss career goals. Maimonides medical center recruits many of its staff physicians from its own training programs.
- **Evaluations:** To ensure that the fellow acquires adequate knowledge and develops technical skills, their performance will be monitored carefully during the course of the fellowship. They will be evaluated formally by the supervising faculty member after each clinical rotation. In addition, they will regularly evaluate the faculty and the educational program to ensure that the program is meeting their needs. Complete 360 degree evaluation, as part of AAGL evaluations are mandated at the fellowship.

#### Conference schedule

**GYN PRE-OP CONFERENCE:** The gynecology service will meet on a weekly basis to discuss the planned surgical procedures for the week. The pre-operative evaluation and the indications for all resident patients and all hysterectomies are reviewed. This conference allows the residents and fellows to review the appropriate pre-operative evaluation for most gynecologic surgical procedures, to discuss alternative treatment options, and the appropriate informed consent process.

**MIS DIDACTICS:** The MIS division will meet once a week for a didactic session to review topics of particular interest to our division. The session will be dedicated to review a clinical topic outlined in the fellowship educational objectives.

**OB/GYN DEPARTMENT GRAND ROUNDS:** This department-wide Grand Rounds is an excellent source of continuing medical education, covering a wide variety of topics relevant to obstetricians and gynecologists presented by experts in their respective topic domains. Maimonides medical center is an accredited CME provider.

**OB/GYN DEPARTMENT M & M CONFERENCE:** This department-wide morbidity and mortality conference is presented by the senior resident on each service on a monthly basis.

**JOURNAL CLUB:** Selected articles will be presented on a routine basis with detailed analysis.

**PEER REVIEW/QUALITY IMPROVEMENT:** The fellow will actively participate in these weekly activities and will have the opportunity to present gynecology cases.